## <u> Hopwood Ladies Cycling –</u> <u>Newsletter 6</u>

Hopwood Ladies kicked off the Autumn with a pootle around Ludlow. A massive thanks to Pip who managed to herd everyone around the beautiful countryside despite many stops for technical difficulties.... And a big Yay! For Tom who managed to cycle up the Long Mynd

## **Events List 2015/6**

Beryl November 26th

Christmas Party 5th Dec

Weekend in Sussex 21st Jan

CTC sunrise express 20th February Mad March Hare 6th

March













Great day at Johnson's Cycle Cross Event where a handful of Hopwood Ladies helped out with the catering... eating cake and sometimes serving coffee



Winter Birthdays Alison, Tracy, Sally and Marie

## GET OUT OF THE GUTTER

You should always be at least 50cm from the kerb, and sometimes further.

Positioning yourself further into the road makes you more visible and forces cars to overtake properly or wait until it is safe to do so

If there is anything you would like to share please email TracyMurrall@gmail.com

